Our linen is nothing short of addicting

SHOWER MITT

SOFT YET EXFOLIATING

Time to bust that stash of languishing heavyweight linens and whip up some shower mitts for yourself and others!

PATTERN DETAILS

YOU WILL NEED

- Matching threads
  I used Gutermann Mara 100
  color #118
- Elastic 1/4'' to 1/2'' wide and approx.
  8'' long depending on your wrist
  circumference.
- Safety pins (2)
- Twill tape for hanging loop (optional)

FABRIC & YARDAGE

We used the following fabrics for this tutorial:
- IL073 840 BLUE THIN STRIPE - 100% Linen (9.1 oz/yd2)
and
- IL002 DAISY FIELD IVORY-NATURAL 100% Linen (9.4 oz/yd2)

You may also like to use:
- 4C22 - 100% Linen - (7.1 oz/yd2)
- IS010 - 54% Linen / 46% Cotton - (6.2 oz/yd2)
- IL041 - 100% Linen - Middle (5.01 oz/yd2), Use two layers for this fabric.

FINISHED ITEM MEASUREMENTS

Mitts measure approximately 5.25'' wide and 8'' long for the serged version and 5.5'' wide and 8'' long for the version sewn with french seams.

SEWING INSTRUCTIONS

Be sure to read through instructions before starting, some instructions are for those who want to serge their hems and others are for those who want to use french seams.

Pre-wash

Be sure to pre-wash your fabrics prior to sewing. We reccommend a cool to warm water wash, on a gentle cycle. Machine dry on low, or air dry. Repeat if necessary. If you are ironing your fabric, do so while the fabric still a little damp, and use lots of steam.

SEWING INSTRUCTIONS

Step 1

Cut out your fabric. This tutorial will show you two options with different seam finishes, one for using a serger and one for those without a serger which uses french seams.

The instructions for the serged version will be mentioned first and the instructions for french seams will follow if they differ from the main instructions.

With serger: Cut 1 x 6'' wide and 18'' long piece of fabric.
French seams: Cut 1 x 7'' wide and 19'' long piece of fabric.

Step 2
With serger: Fold in half with right sides together matching the short edges. Sew a 3/8'' seam on each long side, back tacking at the start and end. Serge edges.

For French seams, Fold in half with wrong sides together matching the short edges. Sew with 1/4'' seam, Turn wrong sides out, press lightly, then sew a 3/8'' seam encasing the previously sewn 1/4'' seam.

Step 3

Serge around the bottom opening.

For French seams, fold up the bottom edge 3/8'' and press lightly. You may find it easier if you clip the corners from your french seams to reduce bulk.

SEWING INSTRUCTIONS

Step 4 - *Remaining steps apply to all methods*

Fold up the bottom edge a further 3/4". Then sew close to the inner edge to secure in place, leaving a 2" gap to thread the elastic through later.

TIP: its easiest to turn your mitt, right side out, and sew down your casing with the presser foot just inside the mitt as shown in the photo below:

Step 5

Cut a length of elastic about the size of your wrist. Thread the elastic through the elastic casing we just made. You may find it easier to use a safety pin to thread it. I also like to use another safety pin to anchor the other end of the elastic to the mitt.

Step 6

Sew the ends of the elastic together by hand or machine then sew the opening shut. You will need to stretch out the elastic gently as you sew to keep the fabric laying flat as it goes through the machine.

Step 7

Add a hanging loop. You can either use a small piece of twill tape or make your own loop from scrap fabric. Serge the ends of your loop, or tuck in any raw edges.

Affix to the inside of your mitt, approximately 1/4'' away from the side seams, Sew in place with 2 straight lines of stitching, being sure to back tack at the start and end of your sewing to make sure it is secure.

Your shower mitt is complete!

Be sure to wash in the machine regularly and hang to dry after each use.

Thank you

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